

*Curriculum Vitae*

**Maxwell J. Luber**

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## **EDUCATION**

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- 08/2020 - present**                      Ph.D. Program in Clinical Psychology  
University of Mississippi, Oxford, MS (APA-Accredited)  
Advisor: Sarah A. Bilsky, Ph.D.
- 08/2011 - 05/2015**                      Bachelor of Arts, Psychology  
Temple University, Philadelphia, PA  
Senior Thesis: Firstborn Attachment in Relation to Parent-Child  
Interactions in the Context of the Birth of a Newborn Sibling.  
Thesis Advisor: Deborah Drabick, Ph.D.

## **HONORS AND AWARDS**

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- Spring 2015                              Temple University Dean's List

## **PUBLICATIONS**

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### **Manuscripts Published in Peer-Reviewed Journals:**

16. Bilsky, S. A., **Luber, M. J.**, & Hopper, K. M. (2022). Parenting stress, disengagement strategies for managing parenting stress, and hazardous alcohol use among mothers of adolescents. *Substance use & misuse*, 57(10), 1608–1617.  
<https://doi.org/10.1080/10826084.2022.2102190>
15. Bilsky, S. A., Olson, E. K., **Luber, M. J.**, Petell, J. A., & Friedman, H. P. (2022). An initial examination of the associations between appearance-related safety behaviors, socioemotional, and body dysmorphia symptoms during adolescence. *Journal of adolescence*, 94(7), 939–954. <https://doi.org/10.1002/jad.12074>
14. Bilsky, S. A., **Luber, M. J.**, Cloutier, R. M., Dietch, J. R., Taylor, D. J., & Friedman, H. P. (2021). Cigarette use, anxiety, and insomnia from adolescence to early adulthood: A longitudinal indirect effects test. *Addictive Behaviors*, 120, 106981.  
<https://doi.org/10.1016/j.addbeh.2021.106981>
13. Cox, R. C., Jessup, S. C., **Luber, M. J.**, & Olatunji, B. O. (2020). Pre-pandemic disgust

- prone to predicts increased coronavirus anxiety and safety behaviors: Evidence for a diathesis-stress model. *Journal of anxiety disorders*, 76, 102315. <https://doi.org/10.1016/j.janxdis.2020.102315>
12. Doucet, G. E., Moser, D. A., **Luber, M. J.**, Leibu, E., & Frangou, S. (2020). Baseline brain structural and functional predictors of clinical outcome in the early course of schizophrenia. *Molecular psychiatry*, 25(4), 863–872. <https://doi.org/10.1038/s41380-018-0269-0>
  11. Janiri, D., Moser, D. A., Doucet, G. E., **Luber, M. J.**, Rasgon, A., Lee, W. H., Murrough, J. W., Sani, G., Eickhoff, S. B., & Frangou, S. (2019). Shared Neural Phenotypes for Mood and Anxiety Disorders: A Meta-analysis of 226 Task-Related Functional Imaging Studies. *JAMA psychiatry*, 77(2), 1–8. <https://doi.org/10.1001/jamapsychiatry.2019.3351>
  10. Doucet, G. E., **Luber, M. J.**, Balchandani, P., Sommer, I. E., & Frangou, S. (2019). Abnormal auditory tonotopy in patients with schizophrenia. *NPJ Schizophrenia*, 5, 1-6. <http://dx.doi.org.umiiss.idm.oclc.org/10.1038/s41537-019-0084-x>
  9. Kim, Y., Kim, J., Cohen, A., Backus, M., Arnovitz, M., Rice, T., **Luber, M. J.**, & Coffey, B. J. (2017). Medication Nonadherence Secondary to Choking Phobia (Phagophobia) in an Adolescent with Significant Trauma History: Addressing the Issue of Mental Contamination. *Journal of child and adolescent psychopharmacology*, 27(7), 667–672. <https://doi.org/10.1089/cap.2017.29138.bjc>
  8. Yang, T. C., **Luber, M. J.**, & Coffey, B. J. (2017). Impulsive Aggressive Behavior Triggered by Headaches in a Child with Severe Attention-Deficit/Hyperactivity Disorder. *Journal of child and adolescent psychopharmacology*, 27(6), 555–558. <https://doi.org/10.1089/cap.2017.29137.bjc>
  7. **Luber, M. J.**, Coffey, B. J., & Gamms, S. H. (2017). Paradoxical Hypertensive Urgency in a Child After Initiation of Guanfacine. *Journal of child and adolescent psychopharmacology*, 27(5), 466–468. <https://doi.org/10.1089/cap.2017.29134.bjc>
  6. Thom, R. P., Hall, W., Maneta, E., **Luber, M. J.**, & Coffey, B. J. (2017). Treatment of Hallucinations in the Context of Anxiety: When Less Is More. *Journal of child and adolescent psychopharmacology*, 27(4), 389–392. <https://doi.org/10.1089/cap.2017.29133.bjc>
  5. Rice, P. T., Kufert, Y., **Luber, M. J.**, & Coffey, B. J. (2017). Lithium and Heart Block in an Adolescent Boy. *Journal of child and adolescent psychopharmacology*, 27(3), 285–288. <https://doi.org/10.1089/cap.2017.29130.bjc>
  4. Kolli, V., Bourke, D., Ngo, J., **Luber, M. J.**, & Coffey, B. J. (2017). Clozapine-Related Tachycardia in an Adolescent with Treatment-Resistant Early Onset Schizophrenia. *Journal of child and adolescent psychopharmacology*, 27(2), 206–208. <https://doi.org/10.1089/cap.2017.29123.bjc>

3. Mehdi, A., Schweinsburg, B. C., Zehgeer, A., Connor, D. F., **Luber, M. J.**, & Coffey, B. J. (2016). Challenges in the Psychopharmacological Management of Very Early-Onset Schizophrenia and Anxiety. *Journal of child and adolescent psychopharmacology*, 26(10), 944–947. <https://doi.org/10.1089/cap.2016.29120.bjc>
2. Garcia-Delgar, B., Morer, A., **Luber, M. J.**, & Coffey, B. J. (2016). Obsessive-Compulsive Disorder, Tics, and Autoinflammatory Diseases: Beyond PANDAS. *Journal of child and adolescent psychopharmacology*, 26(9), 847–850. <https://doi.org/10.1089/cap.2016.29118.bjc>
1. Kostek, N. T., Garcia-Delgar, B., Rojas, A., **Luber, M.** & Coffey B. J. (2016). Approaches to the Diagnosis and Treatment of OCD with Comorbid Tic Disorders. *Current Treatment Options in Psychiatry*, 3(3), 253–265. <https://doi.org/10.1007/s40501-016-0091-8>

#### **Manuscripts Under Review in Peer-Reviewed Journals:**

1. Friedman, H. P., Bilsky, S. A., & **Luber, M. J.** (2022). The Indirect Effect of Parental Beliefs about Anxiety on the Association Between Parental Anxiety and Parenting Behaviors. Manuscript submitted for publication.

#### **Authorship in Popular Press:**

1. Coffey B. J. & **Luber M. J.** (2016). Definition and DSM-5: Classification: Tic Disorders. *News Medical Life Sciences – Health*. Web.

#### **Paper Presentations:**

1. Bilsky, S. A., Friedman, H. P., & **Luber, M. J.** (2021). A Preliminary Examination of the Interaction between Maternal Generalized Anxiety Disorder and Offspring Negative Affect in Relation to Maladaptive Parenting Behaviors. In S. Francis (chair) and K. Allen (discussant). Parenting Styles and Behaviors as Considered in the Context of Child and Adolescent Internalizing Presentations. Symposium submitted to the 55th annual meeting of the Association of Behavioral and Cognitive Therapies, New Orleans, LA.

#### **Poster Presentations:**

17. Luber, M. J., Friedman H. P., Hopper, K. M., Sherrod, A., Sachner, L., & Bilsky, S. A. (2023). *The Indirect Effect of Emotion Regulation on the Association Between Distress Tolerance and Anxiety Symptoms*. Poster session to be presented at the Association for Behavioral and Cognitive Therapies Annual Convention, Seattle, WA.
16. Sachner, L., Sherrod, A., Hopper, K. M., **Luber, M. J.**, & Bilsky, S. A. (2023). *Exploring the Relationship between Maternal Anxiety Sensitivity and Emotion Regulation Strategies During Conflict with Adolescents*. Poster session to be presented at the Association for Behavioral and Cognitive Therapies Annual Convention, Seattle, WA.

15. Hopper, K. M., Armstrong, G., Friedman, H. P., Sachner, L., **Luber, M. J.**, & Bilsky, S. A. (2023). *The Relationship between Sleep Quality, Anxiety, and Alcohol Use among Adolescents*. Poster session to be presented at the Association for Behavioral and Cognitive Therapies Annual Convention, Seattle, WA.
14. Friedman, H., Sachner, L., Sherrod, A., **Luber, M.**, Hopper, K., & Bilsky, S. A. (2023). *The Impact of Maternal Social Anxiety on Maternal Responses to Adolescent Positive Affect*. To be presented at the 2023 Anxiety and Depression Association of America Conference.
13. Hopper, K. M., Armstrong, G., **Luber, M. J.**, & Bilsky, S. A. (2022) *The Impact of Dual Use of Cigarettes and Alcohol on Perceived Parental Stress in Mothers*. Poster presented at the Association for Behavioral and Cognitive Therapies Annual Convention, New York, NY.
12. **Luber, M. J.**, Friedman, H. P., K. M. Hopper, & Bilsky, S. A. (2022) *The Indirect Effect of Parenting Stress on the Association Between Distress Tolerance and Anxiety/Depressive Symptoms*. Poster presented at the Association for Behavioral and Cognitive Therapies Annual Convention during the Parenting and Families Special Interest Group Exposition, New York, NY.
11. Humphrey, C. E., **Luber, M. J.**, & Bilsky, & S. A. (2022). *The Indirect Effect of Negative Affect Relief on the Association Between Anxiety Sensitivity and Nicotine Dependence*. Poster presented at the 73rd annual convention of the Mississippi Psychological Association, Hattiesburg, MS.
10. **Luber, M. J.**, Friedman, H. P., & Bilsky, S. A. (2021). *Disgust Sensitivity and the Encouragement of COVID-19 Safety Behaviors in a Parent Sample*. Poster presented at the Association for Behavioral and Cognitive Therapies Meeting, New Orleans, LA.
9. Friedman, H. P., **Luber, M. J.**, & Bilsky, S. A. (2021). *Examining the Indirect Effect of Parental Beliefs about Offspring Anxiety in the Association Between Parental Anxiety and Parenting Behaviors*. Poster presented at the Association for Behavioral and Cognitive Therapies Meeting, New Orleans, LA.
8. Olson, E., **Luber, M. J.**, Friedman, H. P., & Bilsky, S. A. (2021) *The interaction between anxiety sensitivity and sleep disturbances in relation to adolescent symptoms of panic disorder*. Poster presented at the Association for Behavioral and Cognitive Therapies Meeting, New Orleans, LA.
7. Friedman, H. P., **Luber, M. J.**, Olson, E., & Bilsky, S. A. (2020). *Adolescent sleep difficulties and maternal and adolescent conflict reactivity among families with elevated anxiety*. Poster presented at the Society for Research on Child Development Biennial Meeting, Minneapolis, MN.

6. Saleem S., **Luber M. J.**, & Coffey B. J. (2018). *Internalizing and Externalizing Problems in Children and Adolescents with Tourette's Disorder: An Exploratory Analysis of Gender Differences*. Poster presented at the American Academy of Child & Adolescent Psychiatry's 65th annual convention, Seattle, WA.
5. Doucet G., Moser D. A., Lee W. H., **Luber M.**, Rasgon A., & Frangou S. (2018). *Inter-Subject Variability in Bipolar Disorder Using Multi-Modal Imaging Datasets*. Poster presented at the 73rd Society of Biological Psychiatry annual convention, New York, NY.
4. Doucet G., Moser D. A., Lee W. H., **Luber M.**, Rasgon A., & Frangou S. (2018). *Parsing Heterogeneity in Schizophrenia Using Inter-Subject Variability in Multimodal Neuroimaging Phenotypes*. Poster presented at the 73rd Society of Biological Psychiatry annual convention, New York, NY.
3. Moser D. A., Doucet G., Lee W. H., Rasgon A., Ing A., **Luber M.**, Leibu E., Schumann G., & Frangou S. (2018). *Multivariate associations between multimodal imaging and behavioral and clinical data psychosis*. Poster presented at the 73rd Society of Biological Psychiatry annual convention, New York, NY.
2. Saleem S., **Luber M. J.**, de Larrechea A., Fazio T., Zappa L. M., Garcia-delgar B., Moyano B. B., & Coffey B. J. (2017). *Psychopathology and Tourette's Disorder in Two Countries: What Does the Child Behavior Checklist (CBCL) Tell Us?* Poster presented at the American Academy of Child & Adolescent Psychiatry's 64th annual convention, Washington, D.C.
1. Garcia-Degar B., **Luber M.**, de Larrechea A., Moyano B.B., Redondo M., Morer A., Nonaka M., Kano Y., & Coffey B. J. (2016). *Depression and Anxiety in Tourette's Disorder: An International Perspective*. Poster presented at the American Academy of Child & Adolescent Psychiatry's 63rd annual convention, New York, NY.

## RESEARCH EXPERIENCE

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- **Graduate Student Researcher** in Dr. Katianna Sharp's lab at St. Jude Children's Research Hospital in the Department of Psychology. (July 2021 – June 2022)
  - Assist in manuscript preparation for submission to academic journals.
  - Conduct statistical data analyses for manuscript preparation.
  - Assist with data collection and conduct clinical interviews with children and parents for study examining the impact of genetic testing result disclosure for pathogenic/likely pathogenic germline variant in a known cancer predisposing gene versus negative results on parenting and parent adjustment.
  - Complete chart reviews and enter data for study examining how children, adolescents, and young adults are included in genetic counseling consults, germline results disclosure conversations, and follow-up appointments.
  - Transcribe and provide quality assurance for qualitative interview data.

- **Graduate Student Researcher** in the Parent and Adolescent Anxiety (PANDAA) Lab, under the supervision of Dr. Sarah Bilsky at the University of Mississippi in the Department of Psychology. (August 2020 - present)
  - Assist with data collection, study recruitment, and conducting clinical interviews for study examining how parent and adolescent emotional vulnerability factors bi-directionally influence development of anxiety disorders throughout adolescence.
  - Supervise undergraduate research assistants in conducting research in the PANDAA lab.
  - Develop and maintain recruitment database listing locations and businesses where study flyers may be posted.
  - Create and update PANDAA lab website to display current research projects and lab information.
  
- **Research Analyst** in the Emotion and Anxiety Research Laboratory under the supervision of Dr. Bunmi Olatunji at Vanderbilt University in the Department of Psychology. (July 2019 - July 2020)
  - Recruited and consented eligible research participants with Obsessive-Compulsive Disorder for a NIMH-funded neuroimaging research study on OCD and its relation to disgust.
  - Administered the MINI, BAT, YBOCS, and OCI-R with research participants.
  - Analyzed and organized experimental data on Microsoft Excel and SPSS.
  - Prepared manuscripts for submission to various academic journals.
  - Managed four ongoing research studies.
  - Facilitated weekly lab discussions.
  - Oversaw and mentored ten undergraduate and post-baccalaureate research assistants.
  - Assisted with literature reviews and manuscript preparation.
  
- **Clinical Research Coordinator** in Dr. Sophia Frangou's lab at the Icahn School of Medicine at Mount Sinai in the Department of Psychiatry. (September 2017 - July 2019)
  - Review patient medical records and decide who to approach based on the study's eligibility requirements.
  - Recruit and consent inpatients and outpatients for psychosis research studies.
  - Administer the SCID, PANSS, HAM-D, MINI, WASI, MATRICS, YBOCS, YMRS, BPRS clinical assessments with participants.
  - Supervise neuroimaging procedures and blood draws, coordinate patient transport and training on functional paradigms.
  - Attend daily patient rounds on psychiatry wards.
  - Communicate with attendings, residents, social workers, and nurses regarding the eligibility and availability of inpatients.
  - Record and organize patient data.
  - Conduct MRI-based brain segmentation for noninvasive brain modulation in psychosis.
  - CPI (crisis prevention) trained and EPIC trained.

- **Clinical Research Coordinator** in the Tics and Tourette's Clinical and Research Program under the supervision of Dr. Barbara J. Coffey at the Icahn School of Medicine at Mount Sinai in the Department of Psychiatry. (November 2015 - September 2017)
  - o Recruit child and adult participants for clinical trials and Tourette's Disorder research studies.
  - o Manage and maintain study schedules for each participant.
  - o Collect data from parent, teacher, and clinician forms, including the CBCL, SNAP, SCARED, MASC, TSSR, and C-FOCI.
  - o Escort patients for lab testing and ECG scans.
  - o Create and manage databases and prepare data for analysis.
  - o Submit annual protocol summary forms and consent forms to the Institutional Review Board (IRB).
  - o Assist PI with grant writing and management.
  - o Assist with editing research articles and preparing poster presentations.
  - o Conduct literature searches for academic conferences and presentations.
- **Clinical Research Coordinator** in Drs. Barbara J. Coffey and Russell Tobe's lab at the Nathan Kline Institute for Psychiatric Research. (January 2016 - September 2017)
  - o Submit annual protocol summary forms and consent forms to the Institutional Review Board (IRB).
  - o Recruit, manage, and collect genomics research data.
- **Research Assistant** in the Child & Adolescent Anxiety Disorder Clinic under the supervision of Dr. Philip C. Kendall at Temple University in the Department of Psychology. (August 2014 - September 2015)
  - o Perform daily data entry for numerous clinical and research projects.
  - o Transcribe audio recordings of conversational dialogue between clinical workers and study participants.
  - o Administer assessments for youths with anxiety and Autism Spectrum Disorder.
  - o Prospect with pediatricians and other agencies to recruit new participants for research studies.
  - o Supervise patients while parents meet with therapists.
  - o Assist in Cognitive-Behavioral Therapy (CBT) techniques and exercises, such as exposure therapy, with the intent to treat anxiety disorders.
  - o Train newly recruited Research Assistants.

## CLINICAL EXPERIENCE

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- **Behavioral Therapist and Consultant** at the Behavior, Attention, and Developmental Disabilities clinic under the supervision of Dr. Emily Johnson (Fall 2022 – present).
  - o Plan and implement a wide variety of interventions pertaining to behavior management, social-emotional learning and social skill development in Tate County Schools, Mississippi.
  - o Conduct individual and group therapy sessions on a weekly basis for students in kindergarten through high-school to meet goals as developed on their Individualized Education Plan (IEP).

- Consult with teachers and provide evidence-based resources and strategies for general classroom management and for individual students.
- Assist on the IEP team to develop appropriate behavioral/social-emotional goals for students who are eligible under the Individuals with Disabilities Education Act.
- Conduct comprehensive psychological assessments including intelligence, achievement, adaptive, structured observations, behavioral, and social-emotional evaluations.
- **Graduate Clinician** at the Psychological Services Center under the supervision of Dr. Kristin Austin (Summer, 2021; Summer, 2022), Dr. Laura Dixon (Fall 2021 – Spring 2022), And Dr. Sarah Bilsky (Fall 2022 – present) at the University of Mississippi.
  - Implement evidence-based practices within individual therapy while receiving group supervision. Emphasis on working with the childhood and adolescent populations.
  - Provide interventions to clients struggling with a range of psychological difficulties such as emotion dysregulation, social anxiety, problematic anger, and generalized anxiety.
  - Administer measures to evaluate treatment effectiveness, including RCADS, RCADS-P, and OQ-45.
  - Implement the following structured clinical interviews during intake appointments: MINI 5.0, CHIPS, and PCHIPS.
- **Founder and Leader** at the Children's Social Skills Group under the supervision of Dr. Kristin Austin (2021 - present) at the University of Mississippi.
  - Lead weekly socials skills group for children with autism spectrum disorder and their parents using the PEERS manual.
  - Recruit and screen eligible clients for enrollment in the group.
  - Administer measures to collect weekly outcome data.

## TEACHING EXPERIENCE

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Spring 2021	Graduate Teaching Assistant Developmental Psychology, Undergraduate Course Instructor: Donald Skinner, M.A. Department of Psychology, University of Mississippi
Fall 2020	Graduate Teaching Assistant Introduction to Psychology, Undergraduate Course Instructor: Donald Skinner, M.A. Department of Psychology, University of Mississippi

## MENTORING EXPERIENCE

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Fall 2021 - present	Mentor for Undergraduate Psychology Majors Department of Psychology, University of Mississippi
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## **SERVICE AND ADMINISTRATIVE EXPERIENCE**

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Fall 2021 - present

Assistant to Director of Undergraduate Studies  
Department of Psychology, University of Mississippi

## **COMMUNITY INVOLVEMENT**

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- **Camp Counselor** in Dr. Ariz Roja's OCD Day Camp at the Icahn School of Medicine at Mount Sinai. (Summer 2017)
  - o Assist psychologist team with Cognitive-Behavioral Therapy (CBT) and Exposure and Response Prevention (ERP) in a group format for children with Obsessive-Compulsive Disorder (OCD).
  - o Supervise and give guidance to children during field trips for exposure practice.

## **RELEVANT TRAINING AND WORKSHOPS ATTENDED**

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1. Young, J. (August 2021 - December 2021). *Evidence-based services seminar*. Seminar conducted at the University of Mississippi at Oxford, MS.
2. McCracken, H.T. (October 2022). *Administration and Scoring of the Delis-Kaplan Executive Functioning Systems (DKEFS)*. Workshop conducted at the University of Mississippi at Oxford, MS.
3. McCracken, H.T. (2023, March). *Administration and Scoring of the Wide Range Assessment of Memory and Learning—Third Edition (WRAML-3)*. Workshop conducted at the University of Mississippi at Oxford, MS.

## **AD HOC REVIEWING EXPERIENCES/ACTIVITIES**

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- Journal of Child and Adolescent Psychopharmacology
- Journal of Psychopathology and Behavioral Assessment