**Hannah Friedman, M.A.**

**Personal History:**

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University, MS

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**Education:**

August 2019-Present University of Mississippi, Oxford, MS

Graduate Student, Clinical Psychology Ph.D. Program

Advisor: Sarah A. Bilsky, Ph.D.

GPA: 4.00

August 2015-May 2019 Emory University, Atlanta, GA

B.A., Psychology, May 2019

Honors: *summa cum laude, Phi Beta Kappa*

GPA: 3.94

Honors Thesis: *The genetic and environmental etiology of social phobia in youth and the etiological overlap between social phobia, shyness, and extraversion.*

Thesis Advisor: Irwin Waldman, Ph.D.

**Honors and Awards:**

August 2019 – May 2023 Graduate Recruitment Fellowship, University of Mississippi

April 2019 *Phi Beta Kappa*, Emory University

March 2019 Highest Honors (*summa cum laude*) for Psychology Honors Thesis

August 2018 – May 2019 Psychology Honors Program, Emory University

March 2018 – May 2019 Psi Chi, Emory University

April 2017 Top Poster Presentation Award, Emory University Psychology Undergraduate Research Symposium

August 2016 – May 2019 Undergraduate Associate Scholar in Initiative to Maximize Student Development (IMSD), Emory University

August 2016 – May 2017 Research Partners Program (RPP), Emory University

Fall 2015 – May 2019 Dean’s List, Emory University

**Publications:**

**Manuscripts Published in Peer-Reviewed Journals:**

3.Bilsky, S.A., Luber, M.J., Cloutier, R.M., Dietch, J.R., Taylor, D.J., **Friedman, H.P.** (in press). Cigarette use, anxiety, and insomnia from adolescence to early adulthood: A longitudinal indirect effects test. *Addictive Behaviors*.

2. Bilsky, S. A., & **Friedman, H. P. (**2021). A preliminary examination of the interaction between maternal generalized anxiety disorder and offspring negative affect in relation to maternal worry about offspring and perceptions of psychological control. *Child Psychiatry and Human Development,*<https://doi.org/10.1007/s10578-021-01156-z>

1. Bilsky, S. A., **Friedman, H. P.,** Karlovich, A., Smith, M., & Leen-Feldner, E. W. (2020). The interaction between sleep disturbances and anxiety sensitivity in relation to adolescent anger responses to parent adolescent conflict.*Journal of Adolescence, 84*, 69 -77. <https://doi.org/10.1016/j.adolescence.2020.08.005>

**Manuscripts Under Review in Peer-Reviewed Journals:**

1. **Friedman, H.P.,** Bilsky, S.A., & Luber, M.J. (2021). *The Indirect Effect of Parental Beliefs about Anxiety on the Association Between Parental Anxiety and Parenting Behaviors*. Manuscript submitted for publication.

**Manuscripts in Preparation:**

1. Poore, H., **Friedman, H.P.**, Watts, A., & Waldman, I. (in prep). *The Etiology of and Etiological Overlap Among Social Anxiety, Shyness, and the Little Five Personality Dimensions.*

**Invited Book Chapters:**

1. Bilsky, S.A., **Friedman, H.P.** (in prep). Substance Use Disorders in Children and Adolescents. In G. Asmudson, E.A. Stoch (Eds.), *Comprehensive Clinical Psychology.*

**Poster Presentations:**

7. Luber, M.J., **Friedman, H.P.**, & Bilsky, S.A. (November, 2021).*Disgust proneness and the encouragement of COVID-19 safety behaviors in a parent sample*. Poster submitted for presentation at the 55th annual meeting of the Association of Behavioral and Cognitive Therapies, New Orleans, LA.

6. **Friedman, H.P.**, Luber, M.J., Bilsky, S.A. (November, 2021). *Examining the Indirect Effect of Parental Beliefs about Offspring Anxiety in the Association Between Parental Anxiety and Parenting Behaviors*. Poster submitted for presentation at the 55th annual meeting of the Association of Behavioral and Cognitive Therapies, New Orleans, LA.

5. Olson, E.K, Luber, M.J, **Friedman, H.P**., Bilsky, S.A. (November, 2021) *The interaction between anxiety sensitivity and sleep disturbances in relation to adolescent symptoms of panic disorder*. Poster submitted for presentation at the Association for Behavioral and Cognitive Therapies Annual Convention, New Orleans, LA.

4. **Friedman, H.P.**, Luber, M.J., Bilsky, S.A. (April, 2021). *Adolescent sleep difficulties and maternal and adolescent conflict reactivity among families with elevated anxiety*. Poster presented at Society for Research on Child Development Virtual Biennial Meeting.

3. **Friedman, H.P.**, Poore, H. & Waldman, I. (2019, April). *Examining the genetic and environmental etiology of social phobia in children and adolescents and the etiological overlap between shyness, extraversion, and social phobia*. Poster presented at Psychology Undergraduate Research Symposium at Emory University, Atlanta, Georgia.

2. **Friedman, H.P.**, Poore, H. & Waldman, I. (2017, April). *A longitudinal twin study of child and adult psychopathology*. Poster presented at Undergraduate Research Symposium at Emory University, Atlanta, Georgia.

1. **Friedman, H.P.**, Chae, S., Hunter, A., & Palbar, T. (2017, April). *Nature vs. nurture: What’s influencing your self-efficacy?* Poster presented at Psychology Undergraduate Research Symposium at Emory University, Atlanta, Georgia.

**Professional Presentations:**

1. Bilsky, S.A., Feldner, M.T., **Friedman, H.P.**, Leen-Feldner, E.W. (2020, March). *An experimental test of the impact of adolescent anxiety on parental sick role reinforcement behavior.* Paper accepted for presentation at the biannual meeting of the Society for Research on Adolescence, San Diego, CA.

**Symposiums:**

1. Bilsky, S.A., **Friedman, H.F.,** & Luber, M.J. (November, 2021). A Preliminary Examination of the Interaction between Maternal Generalized Anxiety Disorder and Offspring Negative Affect in Relation to Maladaptive Parenting Behaviors. In S. Francis (chair) and K. Allen (discussant). Parenting Styles and Behaviors as Considered in the Context of Child and Adolescent Internalizing Presentations. Symposium submitted to the 55th annual meeting of the Association of Behavioral and Cognitive Therapies, New Orleans, LA.

**Research Experience:**

August 2019 – Present **Graduate Student** **Researcher**, Parent and Adolescent Anxiety (PANDAA) Lab, Department of Psychology, The University of Mississippi, Oxford, MS

**Responsibilities:**

* Assisting with data collection, study recruitment, and conducting clinical interviews for study examining how parent and adolescent emotional vulnerability factors bi-directionally influence development of anxiety disorders throughout adolescence.
* Supervises undergraduate research assistants in conducting research in the PANDAA lab.
* Develops and maintains recruitment database listing locations and business where study flyers may be posted.
* Created and updates PANDAA lab website to display current research projects and lab information.

October 2018 – April 2019 **Education Sciences Research Core and Preschool Lab Intern**

Preschool Education Lab

Marcus Autism Center

Atlanta, GA

**Responsibilities:**

1. Worked with teachers in an innovative and inclusive preschool for children with and without ASD.
2. Performed behavioral coding and video data management on study examining effectiveness of the Social Emotional Engagement – Knowledge and Skills (SEE-KS) educational framework in promoting student engagement in the preschool and other local area schools.
3. Performed data collection, entry, and coding on study examining the effects of inclusion at Tapestry public charter school in Doraville, GA, which serves middle and high school students with and without ASD.

August 2018 – May 2019 **Honors Thesis**, Department of Psychology, Emory University, Atlanta, GA

**Responsibilities**:

* Cleaned and prepared (e.g., reverse coded variables, calculated scales, etc.) SPSS data files on social phobia, extraversion, and shyness items for future statistical analyses.
* Utilized Mplus to examine phenotypic correlations between social phobia, shyness, and extraversion.
* Tested univariate twin models in Mplus to quantify the genetic and environmental etiology of social phobia in children and adolescents.
* Tested multivariate twin models in Mplus to examine etiological overlap between social phobia, shyness, and extraversion.
* Prepares APA-style manuscript for publication.

August 2017 – May 2019 **Research Assistant**, Department of Psychology, Emory University, Atlanta, GA

**Responsibilities**:

* Assisted Linda Craighead, Ph.D. and doctoral student with dissertation study on self-compassion vs. dissonance-based interventions for body image distress (BID) in young women.
* Conducted informed consent and debriefing procedures with all study participants.
* Ran participants with BID through a series of online psychopathology measures, psychoeducation videos, and letter-writing exercises related to the different interventions.
* Coordinated the sending of seven daily *Qualtrics* © surveys, which monitored participant’s daily self-compassion intentions or dissonance-based daily body activism practices.
* Coordinated the sending of 2-week post-intervention *Qualtrics* © surveys, which assessed the efficacy of the assigned intervention of study participants.
* Performed content analysis on participant’s dissonance-based and self-compassion interventions letters.

May 2017 – Present **Research Assistant**, Department of Psychology, The University of Tampa (UT), Tampa, FL

**Responsibilities:**

* Worked with Michael Stasio, Ph.D. at The University of Tampa to develop a currently ongoing original study on attentional interference in socially anxious and perfectionistic college-aged individuals.
* Wrote the study application for The University of Tampa’s institutional review board (IRB).
* Developed coding schemes in Psytoolkit (internet-based cognitive psychology testing software) that were used for the computer-based study.
* Collaborated with developer of PsyToolkit concerning modification of original codes and experimental tasks to better serve the current study.
* Reviewed and analyzed raw preliminary study data.
* Continuously collaborates with Dr. Stasio in-person and through email concerning study design, implementation, and data collection at The University of Tampa.

August 2016 – May 2019 **Research Assistant**, Department of Psychology, Emory University, Atlanta, GA

**Responsibilities**:

* Worked with Dr. Irwin Waldman, Ph.D. on a longitudinal twin study of child and adult psychopathology.
* Performed twin study psychopathology data entry and examination in SPSS.
* Utilized online resources to locate and contact a previously studied sample of twin pairs and requested their participation in a current follow-up study.
* Pilot tested *Qualtrics* © psychopathology surveys for accuracy before they were administered to participants in the follow-up study.
* Worked with R codes to manipulate and load genome-wide association study (GWAS) summary statistics into Genomic SEM, which is a statistical program that analyzes the genetic architecture of complex traits.
* Participated in critical discussions of research articles related to behavior genetics and the latent structure of psychopathology.

**Professional Activities:**

**Editing and Reviewing:**

1. Ad Hoc reviewer with Dr. Bilsky in the following journals:

Behavior Therapy

Journal of Psychopathology and Behavioral Assessment

**Teaching:**

Fall 2019 **Graduate Teaching Assistant**

Introduction to General Psychology, Undergraduate Course

Instructor: Alex Kuka, M.A.

The University of Mississippi

**Responsibilities**:

**-** Held weekly office hours.

- Assisted with exam grading.

**Clinical Experience:**

July 2020 – Present **Graduate Therapist**

Psychological Services Center

University of Mississippi

Supervisors: Sarah Bilsky, Ph.D., Scott Gustafson, Ph.D.

January 2018 – May 2018 **Practicum Student**

Research Program Clinical Assessment Core

Marcus Autism Center

Atlanta, GA

**Responsibilities**:

* Observed diagnostic assessments, family interviews, and eye-tracking sessions for infants, toddlers, and children with or at high-risk for autism spectrum disorders (ASD).
* Participated in clinician case conferences and treatment planning.
* Supervised children with ASD and related disabilities during parent feedback sessions.

**Departmental Service:**

July 2020 – June 2021 **Webpage Coordinator**

Department of Psychology

The University of Mississippi

Supervisor: Laura Dixon, Ph.D.

**Responsibilitie**s:

* Facilitates Psychology Department website updates through WordPress.
* Coordinates with Psychology Department Communication Committee concerning new website information and changes.
* Communicates with current students and faculty for website lab and personnel information.

July 2020 – June 2021 **Administrative Assistant to Director of Clinical Training**

The University of Mississippi

Supervisor: Todd Smitherman, Ph.D.

**Responsibilities:**

- Organized First Year Orientation and mentoring of incoming cohort.

- Plans annual interview weekend for Clinical Psychology Ph.D. program.

- Acts as point of contact for interviewees and faculty members during interview weekend.

- Assists with APA accreditation reporting.

**Workshops and Additional Training:**

February 2020 *Neuropsychology: Delis-Kaplan Executive Function System (D-KEFS)*

Alexis Liberto, M.A.

Workshop on administration and scoring of D-KEFS

University of Mississippi

Oxford, MS.

May 2021 40-hour Registered Behavior Technician (RBT)Training

Justin Leaf, Ph.D., BCBA-D

Autism Partnership Foundation